CHECKLIST

Networking for Introverted Artists: A Practical Checklist

- [ ] Identify which networking methods suit your energy level
- [ ] Write a thoughtful message to one artist or creative professional
- [ ] Set a time limit before attending group gatherings
- [ ] Choose smaller, structured events over open networking mixers
- [ ] Follow up in-person meetings with quieter exchanges
- [ ] Turn down invitations that do not serve your work
- [ ] Focus on deepening existing relationships rather than constantly meeting new people